

A collaboration with

**frame** contemporary art  
finland

and the Sustainable Visual Arts Network

2025

Curated and made by Rikke Bank

Recycled paper and stitched details

Nordic Master in Visual Studies and Art Education

Curating Regeneration  
Reflections from a Changing Field

How do cultural organisations  
hold together in times of change?

## Holding Together

Every organisation is held together by people – through care, connection, and persistence.

This zine traces the threads of everyday work and relationships that keep regeneration alive in cultural organisations.

Made from fragments gathered in conversation with cultural workers, it invites you to pause and reflect on your own place within this changing field.

## Pressures and Transitions

Across the cultural field, many organisations are navigating shifting ground.

Budgets shrink, teams change, and priorities must constantly be redefined.

Something is always at risk of being lost — knowledge, continuity, or simply time to breathe.

Still, these challenges remind us that regeneration begins with connection: we cannot work in isolation, collaboration is how we survive.





## Invisible Work

Every artwork, every exhibition, every project, every organisation rests on invisible forms of labour.

Feminist thinkers have long named this the hidden ground of culture.

Associate Professor Cecilie Ullerup Schmidt calls it "aesthetics of production" – a way of seeing art as more than its surface.

It is a living structure, made of people, time, and care; a collective shaping of the frames for life in art.

The work of art is a set of relations.

## Regeneration as a Travelling Concept

Regeneration is care as infrastructure —  
the cultural equivalent of soil health.

Slow, relational work:  
time-giving, listening, (un)learning,  
refusing isolation.  
A way for culture  
to breathe again.

Tend communication.  
Tend transparency.  
Tend safety.

And the field will weather change  
without burning out.





## Regeneration as a Curatorial Methodology

Curating regeneration means tending the conditions where practices can take root and connections can sprout.

It is relational, seasonal, and invitational: sharing power, redistributing time, making room for uncertainty, rest, and repair – for oneself and with others.

A regenerative curator cultivates encounters, lets knowledge compost, and trusts that new forms will bloom when the soil is ready.

Care circulates through the whole system: nourishing practices, people, and the ecosystems they belong to.

## What We Wish to Nurture

These wishes, gathered through the Sustainable Visual Arts Network, highlight what many in the field long for.

They point to regeneration as both structural and emotional: the policies, resources, and practices that support sustainability, alongside the relationships, trust, and care that allow creativity to flourish.

Time for reflection  
and dialogue, not  
only production

Collectivity,  
collaboration,  
care

Adequate  
funding

Experimentation

Mutual support

More trust,  
belonging, and space  
to think together

# Regenerative Futures

These nine collages were created collaboratively with the Frame team for Sustainability Day 2025.

Each collage is a small speculation on what a regenerative cultural field might feel like – layered, collective, caring, resilient.

They imagine protective structures, speaking up, weaving connections, tending community, and finding rest.

They point to the process-based work behind regeneration: noticing, tending, rearranging, and allowing meaning to emerge through making.

Each collage offers a different angle; together they form a shared horizon of what could be nurtured.



# ENVOÛTANT ÉDEN



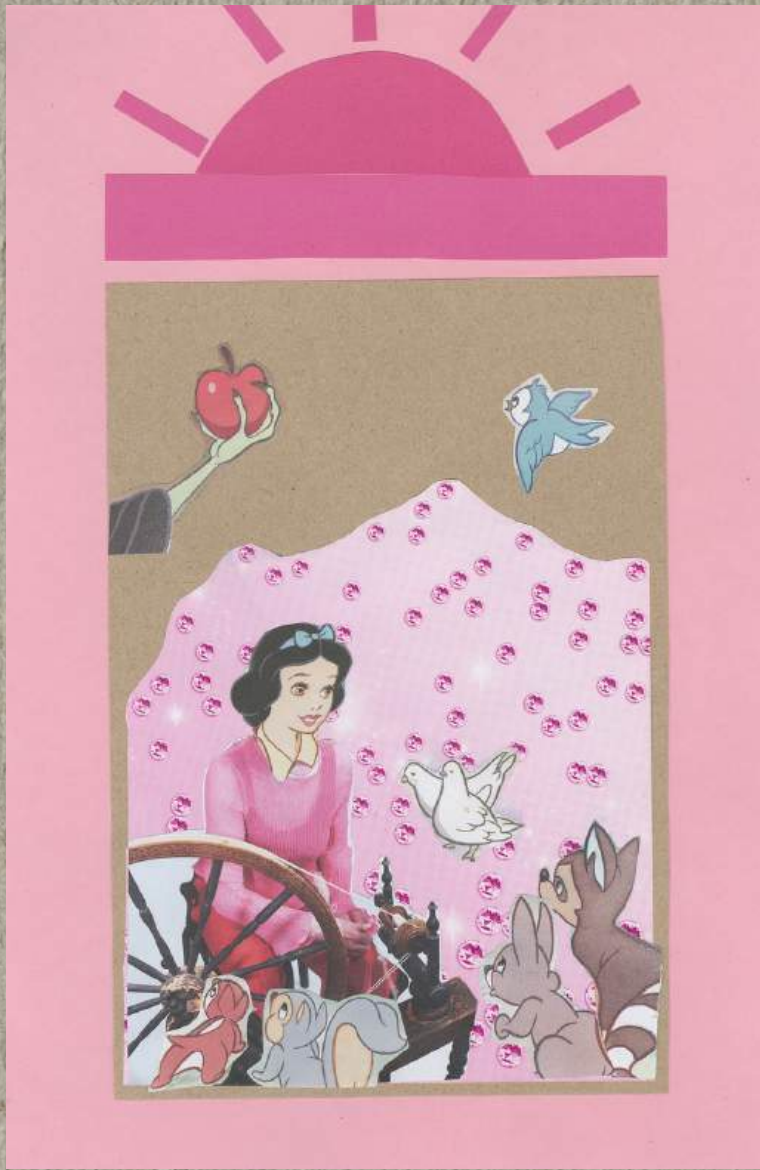
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Neighbourhood unites citizens



BIENVENUE DANS LE PAYS HAUT VAL D'ALZETTE







Schneewittchen und ihr Prinz wurden Mal  
Sie lebten glücklich bis ans Ende ihrer Tage  
wenn auf dem Schloss ein Fest ge  
die sieben Zwerge als Ehrengäste

"THIS AWARD-  
WINNING PIECE IS  
NEVER SHORT OF  
THRILLS. A TOTAL  
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The Guardian  
en tant de 400 ans,  
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...usta ja tuhoon tuo-  
...kohtuudessa. Se on  
...roottinen komedia lop-  
...n kulttuurista valloitta-  
...amosta, jonka lipilo



# Reflection Tool

Take a moment with the yellow stitches –  
let them open a space for reflection.

What nourishes you?  
What would a regenerative culture feel like?  
What seeds could you plant today?

Draw, write, or doodle –  
every gesture matters.

Share your reflections at:  
[curatingregeneration@gmail.com](mailto:curatingregeneration@gmail.com)

